

Teal
Dragon
Consulting

TEAL DRAGON CONSULTING

Attunement Training for the World's Most Transformational Leaders

Teal Dragon Consulting partners with the world's most transformational leaders to advance the Attunement Model of Care, an evidence-based, trauma-informed, humane approach to preventing childhood mental illness.

About Us

We collaborate with **visionary organizations, philanthropists, institutions, policymakers,** and changemakers who share a commitment to **improving the lives of children and families.** Through strategic partnerships, education, and systems transformation, we help bring attunement-centered practices into healthcare, education, communities, and public policy.

Our mission is to help create a world where every child has the opportunity to thrive through nurturing relationships and environments that support lifelong mental health. By fostering aligned partnerships across sectors, we work toward the global prevention of mental illness and the promotion of human flourishing for generations to come.





Teal Dragon

Partners In Attunement

Our partners are at the forefront of transformation, driven by a passion for improving the health of children and families through innovative care and prevention.



The Rowan Center
A Sexual Assault Resource Agency
Empower. Educate. Eliminate.



What We Do For You



- ATTUNEMENT TRAINING
- ATTUNEMENT CERTIFICATION
- CASE CONFERENCES
- FAMILY MASTERY ACCESS
- TIARA ACCESS

We nurture you so you can nurture those you serve.

Women's Empowerment Consulting



- SOMATIC ATTUNEMENT
- VOCAL ALCHEMY
- DRAGON YOGA
- FAMILY MASTERY ACCESS
- TIARA ACCESS

We nurture you so you can nurture those you serve.

Meet Dr. Blickstein



Dr. Adena Shaviva Blickstein

- Dr. Adena Shaviva, child adolescent psychiatrist and family healer. Founder Teal dragon Healing and the Family Attunement Movement.
- Medical Doctor and Integrated Energy Therapist
- Masters Public Health in Maternal/Child Health
- Clown and Activation Artist
- Author of a "Journey to Family Unity and Transformation" and founder of The Attunement Model of Care, an empowering approach pediatric mental illness prevention



The Introduction

Attunement Introduction Framework

- **Overall Intention: Create safety, inspire leadership, connect participants to a global mission, and enroll them in a transformational pathway toward family healing.**

1. **Welcome** the audience so everyone feels safe, seen, heard, and valued. Build trust and create a judgment-free space for transformation.
2. **Invite** every woman to become the generator of her family's healing through regulation, connection, and leadership.
3. **Explain** that this is transformational learning, not informational learning. The goal is to embody new ways of being.
4. **Share** the mission of standing to end preventable mental illness worldwide, expanding the vision beyond the individual family.
5. Explain that being part of the **Family Attunement Movement means standing for every child, every family, and every community as a powerful force for healing.**
6. Emphasize that each participant has the **unique power to create** the change the world needs through their own healing and leadership.
7. Introduce the **Family Mastery Academy as the pathway for sustained transformation through education, practice, coaching, and community.**
8. Reinforce that lasting change happens step by step. **Trust the process and commit to consistent practice.**



Our Programs: Family Mastery Academy & Attuned Certified Clinic Partnership

Family Mastery Academy: A complimentary educational program available to partner clinics after signing a referral agreement with Teal Dragon Healing. The Academy provides education in the Attunement Model of Care, nervous system regulation, family leadership, prevention strategies, and implementation tools.

Restore: Restore nervous system regulation through somatic practices, breathing, movement,

- meditation, and self-awareness.

Activate: Activate leadership by developing awareness of family dynamics, communication, and

- new relational behaviors.

Attune: Learn to accurately recognize and respond to the emotional and physiological needs of

- children and families, preventing mental illness through connection.

Transform: Integrate these practices into daily life to create lasting family healing and generational

- change.

Attuned Certified Clinic: Mission: Build a worldwide network of clinics dedicated to preventing mental illness through restoration, activation, attunement, and transformation.

Organizations may engage in customized consulting to implement the Attunement Model of Care.

Services include 1. Staff training, 2. Leadership development, 3. Workflow

- integration, Attunement Score implementation, family-centered care, case consultation,
- program development, quality improvement, and ongoing mentorship.



Our Pricing

1. Attunement Curriculum Licensing

- One-year curriculum license, staff implementation guide, digital curriculum materials, quarterly updates, and internal-use permission.
- Small organization: \$3,500/year
- Medium organization: \$7,500/year
- Large organization: \$12,000/year

2. Curriculum Consulting

- Monthly leadership consultation, program customization, staff coaching, parent engagement strategy, outcome planning, and email support.
- Standard: \$12,000/year
- Premium (2 meetings/month + planning day): \$24,000/year

3. Family Attunement Events

Parent workshops, family experiences, community healing events, emotional regulation workshops, and attunement circles.

- Single Event: \$1,500–\$3,000
- Four-Event Series: \$5,000
- Monthly Events (12/year): \$12,000

4. Follow-Up Family Support

- Parent support groups, monthly Q&A; sessions, resource library, family coaching calls, and progress tracking.
- Annual Investment: \$5,000–\$10,000

5. Faith Community Partnership (Temple/Church)

- Curriculum license, four family education events, monthly clergy consultation, parent workshops, volunteer training, and community toolkit.
- Small: \$7,500/year
- Medium: \$12,000/year
- Large: \$18,000/year

Complete Community Partnership

- Includes curriculum licensing, consulting, coaching, family events, staff training, parent workshops, follow-up support, and outcome evaluation.
- Starting at \$25,000/year

Large implementation: \$35,000–\$50,000/year



Thank You