



Attunement Certification Training

Transformative training in the new paradigm of
Family Mental Health, The New Attunement
Model of care

6-Month Program • 6 Modules • 4 Sections Each

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- 1. The Attunement Model Of Care & Why it is different?**
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Teal Dragon



Join Our Training Today!

JOIN HERE

Training in The Attunement Model of Care (AMC)

In this certification, you will be certified to lead communities or corporate environments in the Attunement Model of Care, an evidence-based model proven to reverse and eradicate mental illness.

Through this training, you'll master the art of relational resonance through the Attunement Model of Care, sacred integration, and family healing—creating lasting transformation in your clients' lives and relationships.

Dr. Blickstein

In this program you will become your own best nurturer

In the first three months, you will learn the curriculum Build Your Dream Family, through learning the principles of how to create family harmony within your personal family.

Core Values

Attunement is the foundation of all healing relationships. Understanding energetic and emotional resonance allows transformation to occur naturally.

Our Approach

Our Approach involves understanding the roles of the nurturer and receiver and how energy flows between them.

MODULE 1

The Child Receiver

Opening & Sensitivity

MODULE 2

Reversing Reactivity

Healing & Reconnection

MODULE 3

The Sacred Triad

Structure & Integration

MODULE 4

The Union of Nurturers

Divine Union

MODULE 5

Inner Union, Outer Harmony

Integration

MODULE 6

The Unified Infrastructure

Collective Integration

MODULE ONE

The Child Receiver

Opening & Sensitivity

Opening & Foundations of energetic and emotional resonance in parent-child relationships. Understanding how attunement is blocked through trauma, overstimulation, and relational rupture.

The Child Receiver

Opening & Sensitivity

TOPICS

What Is Attunement?

Foundations of energetic and emotional resonance.

How Is Attunement Blocked?

Trauma, overstimulation, and relational rupture.

Parental Narcissism & Chronic Lack of Attunement

Understanding the roots of disconnection.

The Stress Continuum & Child Reactivity

How stress dysregulates the nervous system and impacts family dynamics.



MODULE TWO

Reversing Reactivity

Healing & Reconnection

Practical relational tools and communication strategies to reverse child reactivity through attuned parenting and prevent mental illness in children.

Reversing Reactivity

Healing & Reconnection

TOPICS

Reversing Child Reactivity through Attuned Parenting

Practical relational tools and communication strategies.

Why a Relational Approach Prevents & Reverses Mental Illness in Children

Evidence-based and energetic rationale.

The Paradoxical Affect

Understanding paradox and presence to dissolve resistance.

Inner Separation & Outer Separation

Healing internal divides to end external power struggles.



The Sacred Triad

Structure & Integration

TOPICS

How Integration Is Achieved

Alignment through resonance and attuned witnessing.

The Family Structure: Nurturer, Receiver, and Child

Roles and relational energy dynamics.

Bilateral Nurturance & The Attunement Score

Measuring and tracking relational flow.

The Invisible Umbilical

Understanding unseen emotional cords between parent and child.



MODULE FOUR

The Union of Nurturers

Divine Union & Sacred Embodiment

Merging the masculine and feminine within. Balancing the Inner Child, Divine Feminine, and Divine Masculine through energetic alignment and reparenting.

The Union of Nurturers

Divine Union & Sacred Embodiment

TOPICS

Surrendering into Divine Femininity

Understanding how the mother can embrace her divine feminine essence in trust and flow

Divine Masculinity

Understanding the role of the divine masculine energy and how containership is crucial to balancing the family

Inner Child Integration

Understanding how the the Clown within the inner child of the parent

Seeing Your Child As Your Teacher

How children spiritually nurture their parents



MODULE FOUR

Inner Union, Outer Harmony

Integration & Wholeness

Understanding the family as split parts of the Self. Integrating traditional and modern, healing the inner child through attunement, and reconnecting to the birth story.

Inner Union, Outer Harmony

Integration & Wholeness

TOPICS

Aligning Your Energies for inner Union

How to be in your own energetic container

Chords

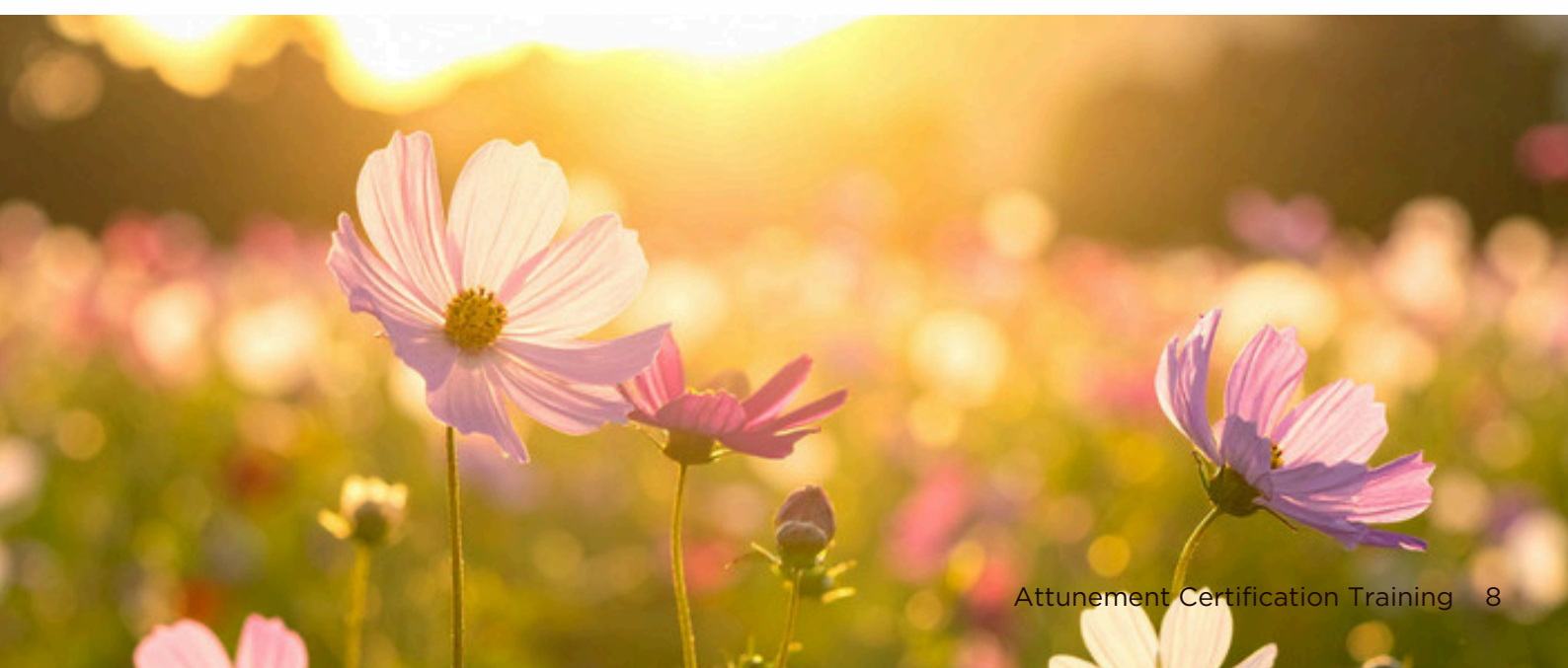
Understanding Enmeshment Patters and Chord Integrity

Undoing Enmeshment

How to disentangle enmeshment patters within families

Identifying Attunement Progress

How to measure when a family is becoming more Attuned



MODULE SIX

The Unified Infrastructure

Collective Integration & Leadership

Moving from family to collective attunement. Applying attunement to teams, schools, and organizations. Becoming a transmitter of relational safety and sacred leadership.

The Unified Infrastructure

Collective Integration & Leadership

TOPICS

What does an imbalanced family structure look like

How to map out enmeshment patterns and imbalances

How to take a relational assessment

Learn TIARA for Attunement Assessment of Relational imbalances

Teaching Attunement

How to bring Attunement to your Community

How to become an Attunement Ambassador

Learn how to mentor other parents in your community

What's Included in Each Module

Free TIARA Access

Monthly free webinars

Guided Practice Sessions

Full online course
access with course
recordings and reading
material

Monthly Integration
Processing Group

Monthly Family Healing
with Dr. Blickstein

Access to online
professional community
of Attunement-trained
providers

Biweekly didactics with
Dr. Blickstein

The 3 Pillars of the Certified Attunement Specialist Certification



Children



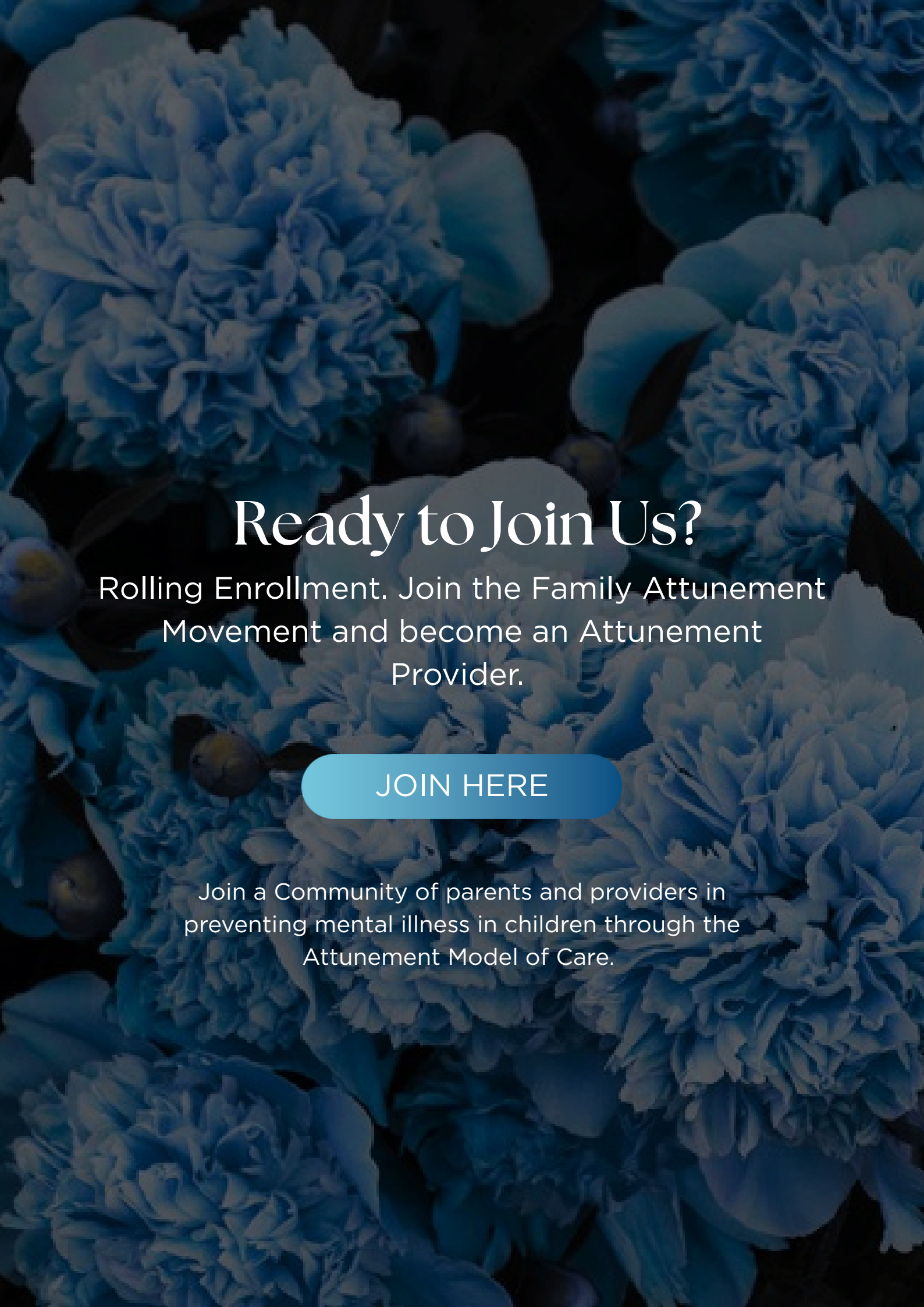
Parents



Community

4 Specialties:

1. Corporate
2. Community
3. Education
4. Clinical

The background of the entire page is a close-up photograph of blue hydrangea flowers. The flowers are in various stages of bloom, with many small, delicate petals visible. The lighting is soft, creating a gentle blue hue across the entire image.

Ready to Join Us?

Rolling Enrollment. Join the Family Attunement Movement and become an Attunement Provider.

[JOIN HERE](#)

Join a Community of parents and providers in preventing mental illness in children through the Attunement Model of Care.